

Church of St. Catherine

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e-mail: stcath@mystcatherines.org

web site: <http://www.mystcatherines.org>



Twenty First Sunday in Ordinary Time

August 23, 2020

From: Fr. Tony Hesse

As I mentioned at the Masses last weekend, Nathan Hansen (the seminarian who was with us for the summer) has left us and is getting ready for his 3rd year in Theology at St. Paul Seminary. We have been blessed by his presence and prayerfulness. I also have enjoyed the visits we had and appreciated different things that I learned from him. If you would like to write to him and send him some sort of acknowledgement, his address is: Nathan Hansen 2260 Summit Ave. St. Paul, MN 55105

In last weekend's bulletin, I shared an article from *Virtus*, our safe environment program, about how to deal with stress. As we continue to struggle with stress and anger, I'd like to share Part 2 of article, entitled, *Children Are at Increased Risk for Abuse When Stressors Abound* by Robert Hugh Farley, M.S. If you missed Part 1, go on our website to look up last weekend's bulletin. Here is part 2 of 3:

How can stress translate to abuse?

Already-stressed parents may feel more stress and may ultimately make poor decisions. For example, they may feel they have no option but to take a serious risk and leave their children at home, alone, for hours, to work outside of the home, despite safety, neglect or legal concerns, depending on the child's age.

When I conducted physical child abuse investigations for the Cook County Sheriff's Police in Chicago, I would frequently learn that the parent or caretaker had been experiencing some type of stress; examples were wide-ranging as to what caused that stress.

I also discovered that the parent often was unable to vent the stress he/she was experiencing. The parent didn't talk to anyone about their stress; either, they had no one they felt comfortable talking with, or the parent was not comfortable talking with anyone about the stress.

As a result, the stress continued to build to the point of the triggering mechanism. In many cases, the triggering mechanism for the child's abuse was something pretty simplistic, through no real fault of the child: A child continually crying, what was perceived as a "dirty look" given by the child, a child doing something that was perceived to be annoying, such as repeatedly opening the kitchen cabinets, a child refusing to eat a vegetable, a child talking back, etc. In most cases, as the stress continued to build, harsh words increased, yelling intensified, spanking and beatings began to occur, and whippings or other types of abuse occurred or increased in their intensity.

This progression happens during every tragic U.S. event. One example was seen in the United States in 2008 when parental stress within families spiked as a result of the national financial crisis. Parental or caretaker feelings of frustration or nervousness with their economic situation was a major cause in making the terrible decision of physically punishing a child. However, this also resulted in a national increase of caring people reporting physical child abuse to state child abuse hotlines.

Current risks

Just as we saw in 2008, due to caretaker and parental stress, abuse will increase. However, it will be more difficult for other caring adults to make additional suspected child abuse reports to state child abuse hotlines, because there is not the same amount of face-to-face interaction with anyone. Bruises on children are more easily hidden when it's more difficult for them to leave the house and be seen by others. A child's interaction with "would be" protectors is more easily monitored by the people in the home who are being abusive, if interaction with teachers and schools happens only through online channels.

The harsh reality is that the increased stress from COVID-19 has already resulted in an increase of minors contacting child protective services and sexual assault hotlines to report all of the types of child abuse, not just physical abuse. We also know that where there is one type of abuse, there is an increased chance that another type is present as well.

The National Children's Advocacy Center (NCAC) in Huntsville, Alabama, has reported that 90% of children who have been sexually abused know the perpetrator. Boys and girls who are now forced to shelter at home for days and weeks, as the result of the closed schools or distance learning, may be more vulnerable for child sexual abuse, and other types of abuse, by caretakers.

Next week, I will include the 3rd and final part of this series. It will have information on where to get help. Again, if you or if you know of someone who needs help with dealing with stress or are being abused by someone who is stressed, please do not hesitate to call me. I want to help and want to reassure you that you are not alone. May God bless you all with His peace!



Parish phone #: 507-644-2278

(In case of an EMERGENCY and you need to reach Fr. Tony Hesse, call 507-616-1337)

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Kris Tetric
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kris@mystcatherines.org

RECEPTIONIST/SEC.

Rita Curry
Extension 4
stcath@mystcatherines.org

Light of the World website: www.LOWAFC.org

BAPTISM

Contact the parish office to set an appointment for class and baptism.

MARRIAGE

Contact the parish office at least nine months before intended marriage.

CATHOLIC CHARITIES COUNSELING

1-866-670-5163

PRAYER NETWORK

Contact Bev Passe
637-5967
bpasse60@yahoo.com

EVENTS OF THE WEEK

SUNDAY - August 23

21st Sunday in Ordinary Time

Is 22:19-23 (121A), Rom 11:33-36; Mt 16:13-20

7:30 AM Confessions-SC

8 AM Mass - *St. Catherine*
d. Ruben Lange

10 AM Mass - *St. Anne-Live Stream*
People of our Parishes

12 Noon Angelus & Rosary-pray on your own

3 PM Divine Mercy Chaplet-pray in your home

4-5 PM Holy Hour-Adoration

7-8:30 PM AFC Youth Group-SC

MONDAY - August 24

St. Bartholomew, Apostle

Rev 21:9b-14; Jn 1:45-51

No Mass

12 Noon Angelus & Rosary-pray on your own

3 PM Divine Mercy Chaplet-pray in your home

6 PM Flame of Love Rosary-SC

TUESDAY - August 25

St. Louis

St. Joseph Calasanz, Priest

2 Thes 2:1-3a,14-17; Mt 23:23-26

12 Noon Angelus & Rosary-pray on your own

3 PM Divine Mercy Chaplet-pray in your home

4:45 PM Confessions-SC

5:15 PM Mass - *St. Catherine*
d. Tyler Liebl

WEDNESDAY - August 26

2 Thes 3:6-10,16-18; Mt 23:27-32

7:30 AM Confessions-OLV

8 AM Mass - *Our Lady of Victory-Lucan-Live Stream*
d. Jim Steffl

12 Noon Angelus & Rosary-pray on your own

3 PM Divine Mercy Chaplet-pray in your home

THURSDAY - August 27

St. Monica

1 Cor 1:1-9; Mt 24:42-51

8 AM Confessions-SA

8:30 AM Mass - *St. Anne-Live Stream*
d. Ed & Rita Price

9 AM-6 PM Adoration/12 Rosary-SC

12 Noon Angelus & Rosary-pray on your own

3 PM Divine Mercy Chaplet-pray in your home

FRIDAY - August 28

St. Augustine, Bishop & Doctor of the Church

1 Cor 1:17-25; Mt 25:1-13

7:30 AM Confessions-SC

8 AM Mass - *St. Catherine-Live Stream*
d. Ralph Kolp

12 Noon Angelus & Rosary-pray on your own

3 PM Divine Mercy Chaplet-pray in your home

SATURDAY - August 29

The Passion of St. John the Baptist

1 Cor 1:26-31; Mk 6:17-29

8:30-9:30 AM Adoration-SA

12 Noon Angelus & Rosary-pray on your own

3 PM Divine Mercy Chaplet-pray in your home

3:30 PM Confessions-SC

4 PM Mass - *St. Catherine-Live Stream*
People of our Parishes

6 PM Mass - *St. Anne*
d. Gary Harris

SUNDAY - August 30

22nd Sunday in Ordinary Time

Jer 20:7-9 (124A), Rom 12:1-2; Mt 16:21-27

7:30 AM Confessions-SC

8 AM Mass - *St. Catherine*
d. Rosie MacHolda

10 AM Mass - *St. Anne-Live Stream*
d. Harry & Jerry Frericks

12 Noon Angelus & Rosary-pray on your own

3 PM Divine Mercy Chaplet-pray in your home

4-5 PM Holy Hour-Adoration

Our Gifts to God and to His Church			
Adult Contribution	3,087.00	Adult for Week	3,087.00
Maintenance	180.00	Adult Budget	3,773.58
Student	44.00		
Assumption	370.00		
Catholic Schools	180.00		
Loose plate	285.00	YTD Actual	31,980.79
Total	4,146.00	YTD Budget	26,415.06
St. Catherine - Diocesan Ministry Appeal 121 Donated as of August 18			
Goal	Total Received & Pledged	Amount Due	Parish 20%
\$23,261.63	\$36,750.80	(\$13,489.17)	\$7,203.16

ADORATION @ ST. CATHERINE



Adoration is in the church on Thursdays from 9:00 AM - 6:00 PM with Rosary at 12 noon.

Also on Sunday from 4-5PM in the church.

CALLED TO ETERNAL LIFE

Our sympathy and prayers go to the families and friends of Ann Jackson, wife of Alden. Eternal rest grant unto her, O Lord, and let the perpetual light shine upon her. May she rest in peace.

A Note from Nathan Hansen:

It was a blessing for me to be with you all this summer. I leave with many fond memories of your faith. Thank-you for your hospitality and for your wittiness of hope during these Covid times.

During these strange times I learned a lot from Father Tony. I saw firsthand the importance of being with the people. Especially to pray with them, I was touched by the devotion of praying for end of the coronavirus pandemic before every Mass. I was similarly impressed by his care for the dead, as we would pray for the repose of their soul at the end of Mass. Thank-you Father Tony for your witness of spiritual father ship and your friendship.

A special thank you for all of you who sent me a card or had me over for dinner. I hope some day that I will be able to get to know all of you more. Because to know you is to encounter Christ, and I love to hear how he is working in your lives. So, if you would like to stay in touch by mail here is my mailing address,

Nathan Hansen
2260 Summit Ave
St. Paul, MN 55105



Thanks again for the blessed summer, I hope to see you all again. God willing maybe I will be assigned to your area. May God bless you and your family. Sincerely, *Nathan Hansen*

RELIGIOUS EDUCATION
Religious Education, August 2020



Wednesday, Sept. 2nd-7 PM Confirmation Mtg-
- for AFC 2021 Confirmation students & parents-SC

Sunday, Sept. 20th from 3-5 PM-SC
Wednesday-Confirmation Mass-Sept. 23rd at 7:00 PM-SC

Postponed First Holy Communion from May, 2020
- rescheduled dates are set up by each family

AFC Youth Group



Grades 7-12 please join us for AFC Youth Group at St. Catherine's from 7-8:30pm on Sunday, August 23rd, with snacks, prayer, games, and fellowship. Youth from any parishes are invited and will meet outside the church.

THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY



As we look at what is happening in our world and country, we may wonder, "What can I do to make it better?"

Come join us in saying the Flame of Love Rosary which blinds the evil one from spreading hate and evil in the world.

Join us on Monday evenings at 6:00 PM at St. Catherine's.

Welcome to our church!



St. Catherine's parish family welcomes Anthony & Julie Kramer & Dylan, and Douglas & Helen Devereaux. We are delighted to have you join our parish family.

HOMEBOUND

If you or someone you know is homebound at home or in a care facility for any period of time, please contact the parish office at 507-644-2278 so we can keep them on our mailing list and make a visit if we are able to.

Wanted: Someone to clean servers albs

We are looking for a volunteer to take up the ministry of cleaning the servers albs three times a year. If interested please call the parish office at 644-2278.

BAPTISMAL PREPARATION CLASS

There is a Baptism preparation class for any person asking for a baptism that has not been at a class in the last 3 years. This class is to be attended prior to baptism.

The next class scheduled is Sept 14th at St. Catherine's to register for class call the parish office at 644-2278, or contact Deacon Ryan at rpope@dnu.org.

Class will not be held if no one registers to attend.

FOOD SHELF DRIVE



As we are going through a time of uncertainty we will need more food on our food shelves to help the families in need.

We will continue to have the shopping cart out for collection of items to donate to the Redwood Area Food Shelf. Monetary donations can be dropped off at the parish office or in the collection basket.

You are Invited!

...St. Raphael Fall Festival in Springfield, MN is on Saturday, Sept. 12th from 5 PM-7:30 PM. Mass is at 5:30PM, and a drive through "To Go" Beef Commercial Supper served 5 PM-7:30PM. Country store & craft ladies will be in the church gathering space & raffle drawing. Call with any questions 507-723-4139.

Riverbend TEC Weekend

Anyone 16 or older, youth or adult, is encouraged to participate in the Riverbend TEC (Together Encountering Christ) weekend on January 16-18, 2021 in New Ulm, MN. For information call: 952-688-1995 or email riverbendtec@gmail.com.

Worldwide Marriage Encounter

A Marriage Encounter Weekend is a private weekend away from life's distractions that allows a husband and wife to focus on each other. The next available weekends are Sept. 25-27, 2020 in Windom, MN. Early registration is highly recommended. For more information visit our website at: southmnwwme.org or contact Miki at 507-227-8229 or website; applications@southmnwwme.org.

Ordination Anniversary-Fr. Christian

Fr. Christian celebrated his 10th Anniversary of Ordination: Fr. Christian Adike
PO Box 52
414 North Main St.
Clara City, MN 56222



Bring your masks (face coverings) with you to church

If you have your own mask (face covering), please bring it with you to wear at church.

Homemade masks can be donated to the church, please drop them off at the parish office.

Notice:

For **Live Stream** check our websites: (www.mystcatherines.org or www.lowafc.org) click on Watch Mass

Facebook page www.facebook.com/mystcatherines/
EWTN: <https://www.ewtn.com/tv/watch-live>

For more prayers or resources, check our diocesan website at: www.dnu.org

COVID-19 Updates: You may be able to help The Center for Emergency Preparedness and Response, Minnesota Department of Health, is asking that offers for help be funneled to these two places during the COVID-19 pandemic.

- **Volunteers (people)** at <https://mnresponds.org>
For Department of Labor and Industry updates related to COVID-19, visit: www.dli.mn.gov/updates.


This weeks Calendar Raffle drawing winner

Wed., Aug. 19	\$25	Marsha Fluck
Friday, Aug. 21	\$50	Dan Kodet
Sun., Aug. 23	\$50	Al Liebl

Checks will be mailed out to the address on ticket stub.
Thank you for buying a raffle ticket.

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for everything
you do flows from it.*
~Proverbs 4:23



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Strength and New Thoughts"*
~ Eleanor Roosevelt

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- LUKE 1:37 -



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"For I know the PLANS I have for you,"
DECLARES THE LORD
"Plans to PROSPER you and not to harm you
Plans to give HOPE and a FUTURE."
Jeremiah 29:11

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PO Box 377
Redwood Falls, MN 56283
Tel: 507-637-5721
Fax: 507-637-5233
Email: office@rwlflaw.com

Everstrong Construction
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