

# Church of St. Catherine

900 East Flynn Street

P.O. Box 383

Redwood Falls, MN 56283

507-644-2278

e-mail: [stcath@mystcatherines.org](mailto:stcath@mystcatherines.org)

web site: <http://www.mystcatherines.org>



Twentieth Sunday in Ordinary Time

August 16, 2020

From: Fr. Tony Hesse

First of all, I want to thank Nathan Hansen, who will be leaving us after this weekend, for a blessed time that he was with us. I learned a lot from him and enjoyed ministering with him. Please keep him and all of our seminarians in your prayers. Secondly, a couple of weeks ago I read something from *Virtus*, our safe environment program, about how to deal with stress. As I have been sharing these last couple weekends in my homilies, many people are finding themselves angry and angrier. I'd like to share this article over the next few weeks, entitled, *Children Are at Increased Risk for Abuse When Stressors Abound* by Robert Hugh Farley, M.S. It is a good article that helps us not only to be aware of child abuse, but also helps us to ask ourselves, "How well do I handle stress, and how can I deal with it." Here is Part 1 of 3.

*On March 20, 2020, the United Nations Children's Fund (UNICEF) issued a press release that stated, in part: "Hundreds of millions of children around the world will likely face increasing threats to their safety and wellbeing – including mistreatment, gender-based violence, exploitation, social exclusion and separation from caregivers – because of actions taken to contain the spread of the COVID-19 pandemic. UNICEF is urging governments to ensure the safety and wellbeing of children amidst the intensifying socioeconomic fallout from the disease. In a matter of months, COVID-19 has upended the lives of children and families across the globe. School closures and movement restrictions are disrupting children's routines and support systems. They are also adding new stressors on caregivers...."*

### **Background**

*The stressors referred to in the UNICEF press release are a result of the societal and economic changes from the COVID-19 or "coronavirus" pandemic. "Stress or stressors have also been identified as a precursor or causation factor in cases of physical child abuse or child abuse homicide" ("Child Abuse and Exploitation Investigative Techniques", U.S. Department of Justice, Washington, D.C., 2001- 3rd Edition (2nd Edition, 1st Edition). Farley, Killacky, O'Connor, Russ, Walsh, Tressler) It has been clearly established by professionals that an event or triggering mechanism precedes physical child abuse, child abuse homicide and other types of abuse. Often stress will cause a parent or caretaker to become overwhelmed and then overreact to an occurrence while interacting with a child, ultimately resulting in abuse.*

### **What exactly is stress?**

*Stress is defined by Merriam Webster as a physical, chemical or emotional factor that causes bodily or mental tension. Now and then, everyone experiences stress. A stressor may be a one-time event, a short-time occurrence or an ongoing situation. Stress affects everybody differently. Some people are able to cope and recover from a stressful event or situation more easily than others. Stress may be exhibited through anger, irritability or restlessness.*

### **Increased stress**

*Parents and caretakers are understandably stressed over how to protect their families from contracting the coronavirus. As if this isn't enough to bear, there have also been concerns for public welfare, resulting in official responses to the current pandemic that have ranged from school closings, social distancing, sheltering in place orders, work from home requirements, etc., which, along with the effects of the virus itself, have culminated in the closing of some jobs, furloughed positions, and being laid off. Schools that may have been providing children with two meals a day, at no-charge, may be unable to provide that service.*

*The shift with workplace responses has also increased stress in the home for children, too. Children living in otherwise happy families, may now be dealing with a tense parent (or parents), who, in some cases, are out-of-work or simply unaccustomed to providing around-the-clock care. Children may be acting differently than usual, because they also do not have the same physical, emotional and spiritual outlets.*

Therefore, ask yourselves, how well are you dealing with stress? Are you finding yourself lashing out at people, family members, children, co-workers, fellow parishioners? Next week I will share how stress can affect how people treat young children. However, until then, if you are finding yourself under a lot of stress, instead of getting angry and angrier, bring it to the Lord and ask for peace and His guidance in how to handle it. May God's peace be with you all.



Parish phone #: 507-644-2278

(In case of an EMERGENCY and you need to reach Fr. Tony Hesse, call 507-616-1337)

#### **PASTOR**

Fr. Tony Hesse  
Extension 1  
[frtony93@gmail.com](mailto:frtony93@gmail.com)

#### **WORSHIP DIRECTOR**

Erica Pope  
Extension 6  
[erica@mystcatherines.org](mailto:erica@mystcatherines.org)

#### **RELIGIOUS EDUCATION DIRECTOR**

Katie Prokosch  
Extension 5  
[katie@mystcatherines.org](mailto:katie@mystcatherines.org)

#### **YOUTH MINISTER- ASSISTANT DRE**

David Wick  
Extension 5  
[wickdav9413@gmail.com](mailto:wickdav9413@gmail.com)

#### **BUSINESS ADM**

Kris Tetrick  
Extension 3  
[kris@mystcatherines.org](mailto:kris@mystcatherines.org)

#### **RECEPTIONIST/SEC.**

Rita Curry  
Extension 4  
[stcath@mystcatherines.org](mailto:stcath@mystcatherines.org)

Light of the World website: [www.LOWAFC.org](http://www.LOWAFC.org)

#### **BAPTISM**

Contact the parish office to set an appointment for class and baptism.

#### **MARRIAGE**

Contact the parish office at least nine months before intended marriage.

#### **CATHOLIC CHARITIES COUNSELING**

1-866-670-5163

#### **PRAYER NETWORK**

Contact Bev Passe  
637-5967  
[bpasse60@yahoo.com](mailto:bpasse60@yahoo.com)

## EVENTS OF THE WEEK

### SUNDAY - August 16

#### 20th Sunday in Ordinary Time

*Is 56:1,6-7(118A), Rom 11:13-15,29-32; Mt 15:21-28*

7:30 AM Confessions-SC

8 AM Mass - *St. Catherine*

*People of our Parishes*

10 AM Mass - *St. Anne-Live Stream*

*d. Inez & Bernard Schottenbauer*

12 Noon Angelus & Rosary-pray on your own

3 PM Divine Mercy Chaplet-pray in your home

4-5 PM Holy Hour-Adoration

7-8:30 PM AFC Youth Group-SA

### MONDAY - August 17

*Ez 24:15-23; Mt 19:16-23*

No Mass

12 Noon Angelus & Rosary-pray on your own

3 PM Divine Mercy Chaplet-pray in your home

6 PM Flame of Love Rosary-SC

### TUESDAY - August 18

*Ez 28:1-10; Mt 19:23-30*

12 Noon Angelus & Rosary-pray on your own

3 PM Divine Mercy Chaplet-pray in your home

No Mass

### WEDNESDAY - August 19

#### St. John Eudes, Priest

*Ez 34:1-11; Mt 20:1-16*

No Mass

9 AM - 7 PM Adoration-OLV

12 Noon Angelus & Rosary-pray on your own

3 PM Divine Mercy Chaplet-pray in your home

### THURSDAY - August 20

#### St. Bernard, Abbot & Doctor of the Church

*Ez 36:23-28; Mt 22:1-14*

No Mass

9 AM-6 PM Adoration/12 Rosary-SC

12 Noon Angelus & Rosary-pray of your own

3 PM Divine Mercy Chaplet-pray in your home

### FRIDAY - August 21

#### St. Pius X, Pope

*Ez 37:1-14; Mt 22:34-40*

No Mass

12 Noon Angelus & Rosary-pray on your own

3 PM Divine Mercy Chaplet-pray in your home

### SATURDAY - August 22

#### The Queenship of the Blessed Virgin Mary

*Ez 43:1-7ab; Mt 23:1-12*

8:30-9:30 AM Adoration-SA

12 Noon Angelus & Rosary-pray on your own

3 PM Divine Mercy Chaplet-pray in your home

3:30 PM Confessions-SC

4 PM Mass - *St. Catherine-Live Stream*

*d. Richard Irlbeck*

6 PM Mass - *St. Anne*

*d. Ron Martin*

### SUNDAY - August 23

#### 21st Sunday in Ordinary Time

*Is 22:19-23 (121A), Rom 11:33-36; Mt 16:13-20*

7:30 AM Confessions-SC

8 AM Mass - *St. Catherine*

*d. Ruben Lange*

10 AM Mass - *St. Anne-Live Stream*

*People of our Parishes*

12 Noon Angelus & Rosary-pray on your own

3 PM Divine Mercy Chaplet-pray in your home

4-5 PM Holy Hour-Adoration

7-8:30 PM AFC Youth Group-SC

## ADORATION TIME @ ST. CATHERINE



Adoration is in the church on Thursdays from 9:00 AM - 6:00 PM with Rosary at 12 noon.

Our Gifts to God and to His Church			
Adult Contribution	9,221.00	Adult for Week	9,221.00
Maintenance	70.00	Adult Budget	3,773.58
Student	5.00		
Assumption	105.00		
Catholic Schools	70.00		
Loose plate	82.00	YTD Actual	28,893.79
Total	9,553.00	YTD Budget	22,641.48

### St. Catherine - Diocesan Ministry Appeal 121 Donated as of August 11

Goal	Total Received & Pledged	Amount Due	Parish 20%
\$23,261.63	\$36,750.80	(\$13,489.17)	\$7,188.16



Jesus I Trust in You!

### CALLED TO ETERNAL LIFE

Our sympathy and prayers go to the families and friends of William T. Frank, brother of Larry, also, Pete Bierl, brother of Joan Baumann. Eternal rest grant unto them, O Lord, and let the perpetual light shine upon them. May they rest in peace.

### Bring your masks (face coverings) with you to church

If you have your own mask (face covering), please bring it with you to wear at church.

Anyone who is able to make and donate homemade masks to the church would be appreciated. Drop off at the parish office.

### THE FLAME OF LOVE OF THE IMMACULATE HEART OF MARY



As we look at what is happening in our world and country, we may wonder, "What can I do to make it better?"

Come join us in saying the Flame of Love Rosary which blinds the evil one from spreading hate and evil in the world.

We will be saying this rosary every Monday starting this coming Monday, August 10th at 6:00 PM at St. Catherine's.

Send a card or letter to Bishop John LeVoir:

Sacred Heart Mercy Health Care Center  
2025 West Cheesman Road  
Alma, Michigan 48801



### HOMEBOUND

If you or someone you know is homebound at home or in a care facility for any period of time, please contact the parish office at 507-644-2278 so we can keep them on our mailing list and make a visit if we are able to.

**RELIGIOUS EDUCATION**  
**Religious Education, August 2020**



Wednesday, Sept. 2nd-7 PM Confirmation Mtg-  
- for AFC 2021 Confirmation students & parents-SC

Sunday, Sept. 20th from 3-5 PM-SC  
Wednesday-Confirmation Mass-Sept. 23rd at 7:00 PM-SC

Postponed First Holy Communion from May, 2020  
- rescheduled dates are set up by each family

**AFC Youth Group**



Grades 7-12 please join us for AFC Youth Group at St. Anne's from 7-8:30pm on Sunday, August 16th, with snacks, prayer, games, and fellowship. Youth from any parishes are invited and will meet outside the church.

**BAPTISMAL PREPARATION CLASS**

There is a Baptism preparation class for any person asking for a baptism that has not been at a class in the last 3 years. This class is to be attended prior to baptism.

The next class scheduled is Sept 14th at St. Catherine's to register for class call the parish office at 644-2278, or contact Deacon Ryan at [rpope@dnu.org](mailto:rpope@dnu.org).

Class will not be held if no one registers to attend.

**Gift Cards-Easy Shopping**



Check out the scrip cards in the Parish Office. These gift cards are purchased at face value and a percentage goes to help support St. Anne's Catholic School in Wabasso. Some cards we have are Tersteegs, Walmart, Target, Kohls, Burger King, Subway, McDonalds, Pizza Ranch, Runnings.

**Prayer Time**

Volunteers from St. Catherine's are willing to pray for you and with you. All you need to do is call Bev Passe at 637-5967 or email [bpasse60@yahoo.com](mailto:bpasse60@yahoo.com) or call church at 644-2278 or go to our website and state that you would like prayers. We keep the information very simple and keep it in the strictest confidence.

**Wanted: Someone to clean servers albs**

We are looking for a volunteer to take up the ministry of cleaning the servers albs three times a year. If interested please call the parish office at 644-2278.

"We cannot tolerate or turn a blind eye to racism and exclusion in any form and yet claim to defend the sacredness of every human life." ~ Pope Francis

**FOOD SHELF DRIVE**



As we are going through a time of uncertainty we will need more food on our food shelves to help the families in need. We will continue to have the shopping cart out for collection of items to donate to the Redwood Area Food Shelf. Monetary donations can be dropped off at the parish office or in the collection basket.

**Welcome to our church!**



Are you good at making people feel welcome? When we make people feel welcome, we make them feel like that are included. A simple hello and a smile go a long way!

**Riverbend TEC Weekend**

Anyone 16 or older, youth or adult, is encouraged to participate in the Riverbend TEC (Together Encountering Christ) weekend on January 16-18, 2021 in New Ulm, MN. For information call: 952-688-1995 or email [riverbendtec@gmail.com](mailto:riverbendtec@gmail.com).

Check out the back of this bulletin. Please be sure to patronize our advertisers as they help make this bulletin possible.

**Worldwide Marriage Encounter**



A Marriage Encounter Weekend is a private weekend away from life's distractions that allows a husband and wife to focus on each other. The next available weekends are Sept. 25-27, 2020 in Windom, MN. Early registration is highly recommended. For more information visit our website at: [southmnwwme.org](http://southmnwwme.org) or contact Miki at 507-227-8229 or website; [applications@southmnwwme.org](mailto:applications@southmnwwme.org).

**Marriage Encounter**

These last months have been incredibly difficult on all of us and marriages have suffered! Please let us help you to find enrichment, joy, and hope in your relationship!

Register for the August 29-30 Marriage Encounter. Weekends are held at Mt Olivet Conference and Retreat Center in Farmington. Visit [www.marriages.org](http://www.marriages.org) for additional information & questions or call 651-454-3238.

**Notice:**

For **Live Stream** check our websites: ([www.mystcatherines.org](http://www.mystcatherines.org) or [www.lowafc.org](http://www.lowafc.org)) click on Watch Mass

**Facebook** page [www.facebook.com/mystcatherines/](http://www.facebook.com/mystcatherines/)  
**EWTN:** <https://www.ewtn.com/tv/watch-live>

**For more prayers or resources, check our diocesan website at:** [www.dnu.org](http://www.dnu.org)

**COVID-19 Updates:** You may be able to help The Center for Emergency Preparedness and Response, Minnesota Department of Health, is asking that offers for help be funneled to these two places during the COVID-19 pandemic.

- **Volunteers (people)** at <https://mnresponds.org>  
For Department of Labor and Industry updates related to COVID-19, visit: [www.dli.mn.gov/updates](http://www.dli.mn.gov/updates).

**This weeks Calendar Raffle drawing winner**

Wed., Aug. 12	\$25	Justin Rothmeier
Friday, Aug. 14	\$50	Alice Nelson
Sat., Aug. 15	\$75	Michele Quast
Sun., Aug. 16	\$50	Ron Revier

Checks will be mailed out to the address on ticket stub.  
Thank you for buying a raffle ticket.

REDWOOD VALLEY  
FUNERAL HOME

Nathan & Valerie Stephens  
Owners



**Stephens Funeral Service**  
612 Northwood Drive  
Redwood Falls, MN 56283  
507-637-5877  
www.redwoodvalleyfuneralhome.com



**Weelborg Ford**  
1307 E. Bridge St • P.O. Box 190  
Redwood Falls, Minnesota 56283-0190

For all your Automotive needs  
Local Contacts: Joel Read - joel@weelborgauto.com  
507-644-2931 www.mykwford.com



P.O. Box 304  
Redwood Falls  
507-637-8615

Complete line of hardy nursery stock

**PASSE & WHITMORE, P.A.**  
Attorneys at Law  
801 E 3rd Street  
Redwood Falls, MN 56283-0127  
507-687-5778 • FAX 507-687-2411

**Everstrong Construction**  
General Contractors  
Commercial & Residential  
30263 County Highway 1  
Redwood Falls, MN 56283  
Ph. 507-644-3616 Fax: 507-644-8188  
email:  
uren@everstrongconstruction.com  
Licensed Contractor ID #8788

**KLABUNDE ELECTRIC**  
1102 S. Mill St • 637-2497  
Commercial Refrigerating  
• Farm • Residential • Commercial  
• Industrial • Free Estimates  
• 24 Hour Emergency Services

JOSEPH WAITED  
**13 YEARS.**  
ABRAHAM WAITED  
**25 YEARS.**  
MOSES WAITED  
**40 YEARS.**  
JESUS WAITED  
**30 YEARS.**  
IF GOD IS MAKING YOU WAIT,  
YOU'RE IN GOOD COMPANY.  
dailyscrolls.com

**KNIGHTS OF COLUMBUS**  
Charity, Unity, Fraternity and Patriotism  
  
TO JOIN ASK  
ANY MEMBER



**Gordy Serbus & Sons Gravel LLC**  
507-430-0650  
serbusandsons.com  
**GSS**  
Rock Solid Service

*Above all else,  
Guard your heart,  
for everything  
you do flows from it.*  
~Proverbs 4:23

**E & T Plumbing**  
"Your Plumbing Service Company"  
24 Hour Emergency Service  
507-430-0702

YOU ARE  
THE ONLY BIBLE  
SOME UNBELIEVERS  
WILL EVER READ.  
- John MacArthur



Redwood Area  
Choices Pregnancy Center  
P.O. Box 22 • 235 S. Mill St.  
Redwood Falls, MN 56283  
(507)637-2534  
Finding positive solutions in difficult situations

**John Goelz**  
AUCTIONEER

Larry Magas  
Real Estate Broker  
Real Estate • Household • Farm Liquidations  
Courteous Confidential Service  
507-557-8394

**Bornth Memorials**  
Monuments & Markers  
toll free 1-800-714-9226  
www.bornthmemorials.com  
Corner of Hwy's 14 & 4 - Sleepy Eye

**Tersteeg's**  
YOUR HOMETOWN MARKET SINCE 1936

The Phrase:  
"Do Not Be Afraid"  
Is Written in the Bible 365 Times.  
That's a Daily Reminder  
From GOD to Live Everyday  
FEARLESS!  
- unknown

Duane P. Heiling, ChFC • CRPC • Lic. MN 60084  
**Ameriprise Financial**  
Services, Inc.  
800 E Bridge Street • P.O. Box 422  
Redwood Falls, MN  
Bus: 507-627-2639 Toll Free: 888-627-2639  
duane.p.heiling@ampf.com

**REDWOOD TIRE SERVICE, INC.**  
Alignments • Struts • Shocks • Brakes  
Exhausts • Oil Changes  
1630 East Bridge Street • Redwood Falls  
507-644-8644  
Randy & Michelle Malecha

1111 EAST BRIDGE STREET  
REDWOOD FALLS, MN 56283  
(607) 637-8332  
www.tersteegs.com  
"HOMETOWN SUPERMARKET AND HOLIDAY GAS"

**MINNWEST BANK**  
MEMBER FDIC  
minnwestbank.com

"With the New Day Comes New  
Strength and New Thoughts"  
~ Eleanor Roosevelt

FAITH IT DOES NOT MAKE  
things easy  
IT MAKES THEM POSSIBLE  
- LUKE 1:37 -

**SUBWAY**  
637-8525 Redwood Falls

**THOMAS W. STOTESBERY, LTD.**  
CERTIFIED PUBLIC ACCOUNTANT  
705 SOUTH MILL  
REDWOOD FALLS, MN 56283  
PHONE: 507-637-5682

**Sunset Burial Assn.**  
Traditional Funerals & Cremations  
1-800-658-2573  
Echo - (507) 925-4145  
Wabasso - (507) 342-5494  
www.sunsetfuneralassociation.com

**KERKHOFF**  
Auction and Real Estate  
**Doug Kerkhoff**  
Auctioneer/Broker  
www.kerkhoffauction.com  
Office: 507-644-8433 1500 E. 1st St. Suite 300  
Mobile: 507-829-8399 Redwood Falls, MN 56283

**LARRY'S AUTO CENTER**  
409 E. Tin St • 637-2234

Computer Diagnostic • Tune Up  
Alternator/Starter • Fuel Injection  
Air Conditioning • Brakes  
Engine Overhaul  
Wynn's Transmission & Cooling Power Flushing System  
OVER 30 YEARS EXPERIENCE



Film and video restoration  
by  
Roger VanDam  
401 E Oak St  
507-829-5066

**Interior Accents**  
Carol Jacoby  
Custom Window Treatments  
Interior Design Services  
www.interioraccentsbycarol.com  
507-692-2105

**HOMETOWN BANK**  
Since 1924  
1000 E. Cook Street • Redwood Falls  
507-637-1000  
www.htbmn.com



**SERBUS GRAVEL, INC.**

71625 310th St. • Redwood Falls, MN 56283  
Phone: 507-641-3472 or 507-430-1920  
Loader • Dozer • Snow Removal

**KERKHOFF**  
Auction and Real Estate  
**Ana Smith**  
Realtor  
Call: 507-822-2543 1500 East Bridge Street  
Office: 507-644-8433 Redwood Falls, MN 56283  
Fax: 507-644-2435 Email: anasmith030@gmail.com  
www.kerkhoffauction.com

**Vick Construction**  
BUILT TO YOUR SATISFACTION • RESIDENTIAL & COMMERCIAL  
506 E. Elm Street, Redwood Falls, MN 56283  
DON: 1-507-637-3796 or MIKE: 1-507-641-8016  
Licensed Contractors ID#0007119. Bonded & Insured

Interior & Exterior / Pressure Washing  
**STEVE & SON'S, LLC**  
PAINTING  
Steve Plaetz  
110 Beachwood • Redwood Falls 644-2030

**HANNA FAMILY FARMS**  
EST 1952  
Morton MINNESOTA

**Larkin Tree Care & Landscaping**  
Landscape Design, Installation & Maintenance  
Paver Patios & Retaining Walls  
Tree Shrub Trimming & Removal  
Stump Grinding  
Doug & Christa Larkin - 507-828-5573

"For I know the PLANS I have for you,"  
DECLARES THE LORD  
"Plans to PROSPER you and not to harm you  
Plans to give HOPE and a FUTURE."  
Jeremiah 29:11

**Northwest Drywall**  
206 W. 11th St • Redwood Falls  
627-2905  
**NORTHWEST DRYWALL**  
SINCE 1985  
Complete Drywall Service  
www.northwestdrywall.com

**ESTEBO, FRANK & MUNSOWER**  
LTD.

315 S. Washington Street  
PO Box 377  
Redwood Falls, MN 56283  
Tel: 507-637-5721  
Fax: 507-637-5233  
Email: office@rwlaw.com